



AMY TIME, AMY PLACE

SCHUMER ON FAME AND
HER FIRST FILM **metroLIFE**



**I HAVE
FEELINGS TOO**
metroNEWS

Halifax metro

Your essential daily news | TUESDAY, JULY 7, 2015

High 28°C/Low 14°C Hot fun in summertime



Rainmen go bankrupt

SPORTS

Owner Andre Levingston sad to see 'chapter end' in Halifax



Kristen Lipscombe
Metro | Halifax

The city's pro basketball team has officially run out of funds.

The Halifax Rainmen filed for bankruptcy Monday morning, according to a news release issued by a local PR firm, which told Metro that franchise owner Andre Levingston wasn't available for interviews on the matter.

But Levingston, who helped get the National Basketball League of Canada franchise off the ground, did state in the release that he is "incredibly proud

of what the Halifax Rainmen have accomplished over the past eight years."

During the 2014-15 season, the Rainmen made it to the NBL Canada's championship series, despite financial strain and coaching staff and players who decided not to show up for the seventh and final game.

"But we didn't know how true it was."

The \$90,000 worth of fines incurred by coaches, players and the club itself "for conduct detrimental to the league" during the championship fiasco didn't help finances.

"It's a sad situation for the city of Halifax," said Clinkscales.



I am personally confident that there will be an NBLC team in the great city of Halifax and that a team will play (next) season.

NBL Canada commissioner David Magley

"While it's disappointing to see this chapter end, I can hold my head high knowing that we did everything we could have done," Levingston said.

"We heard rumours about money getting tight," point guard Cliff Clinkscales said Monday.

"That's a great place to play and I think the real fans are supportive."

Shooting guard PJ Foster agreed: "It's tough seeing our organization just collapse like that," he said. "I liked playing in Halifax."



WEIR THE ACTION IS

Team Canada Captain Mike Weir tees off at Ashburn Golf Club in Windsor Junction at the RBC Canada Cup on Monday. See story in **metroSPORTS**. JEFF HARPER/METRO



Swing into summer!

The Links at Brunello is now open. Live it... play it... year round!
Sales Centre Open House, weekends, 2 until 4pm.

Active listings online! Exit # 3 off the 103 3 minutes past Bayers Lake

A SENSE OF PLACE



BrunelloEstates.com



Samm Splash, Kayla Borden and Tamar Dina, pictured Monday at the Halifax North Memorial Public Library, helped produce the Tug of War Girls Dance Music Video with the Music Liberatory. HEIDE PEARSON/METRO

Music Liberatory brings local girls together to get creative

ARTS

All-female group prepare for video premiere

Heide Pearson
Metro | Halifax

Local dance, music and writing will come together at the

+ ONLINE

See musicliberatory.com for more information.

Girls Dance Music Video Release Party on Tuesday evening at the North Branch Memorial Library in Halifax.

The Girls Dance Music Video, featuring the song Tug of War, is one of the projects organized by the Music Liberatory, a feminist music

school that is free to women of all ages.

"What they really should see is the positivity of female-only space and what that can create," said Tamar Dina, one of the organizers of the video.

This year's music video is a spin-off of a project they tried to get off the ground last year but didn't have the resources to get going. This year, with more funding and support, they were able to make something they're proud of.

"Last year there was no

music that was relevant and appropriate for girls," Dina said.

"So this year we wanted to make sure we had that music, and to have that music, we created it."

The original song and video were created through a partnership with the Music Liberatory, dance co-ordinator Courtney Lokey, Samm Splash, a singer-songwriter in the city, and other local talent.

The girls started off eight

months ago with critical thinking and video studies, and then they started to dream up what they wanted their own music video to look and sound like.

"It's important for them to see themselves growing up with examples that they maybe want to reproduce," Dina said.

The small group performed the dance but haven't yet seen the finished video, so the premiere will be a surprise for them, too.

"We hope it's a story that all people can relate to," Dina said.

The Music Liberatory is a place where women can come learn many different music forms, from singing to guitar to steel-pan band.

They meet throughout the week at the North Branch Memorial Library and all instruction is done by other women.

MORE LOCAL NEWS ONLINE

LOCAL CHAMPION

Horse gets respect

World champion horse Somebeachsomewhere is heading to the Hall of Fame again — this time south of the border.

The extraordinary standardbred will be inducted into the Harness Racing Living Horse Hall of Fame in Goshen, N.Y., during a ceremony on July 5.

Somebeachsomewhere, owned by Schooner Stables of Bible Hill, won 20 of 21 lifetime races with career earnings of more than \$3.2 million.

As a two-year-old in 2007, Somebeachsomewhere won all six of his starts, earning \$773,296 and was voted Two-Year-Old Pacing Colt of the Year in both the U.S. and Canada, and voted O'Brien Award Horse of the Year in a tie with Tell All.

In 2008, the horse won 14 of 15 starts and had the highest earnings by a pacer in a single season of \$2.4 million.

Major victories during that phenomenal season included the North America Cup, Messenger, Breeders Crown, Confederation Cup, Tattersalls, Ontario Sire Stakes Super Final and the Bluegrass, where he equaled the all-time race record of 1:46.4.

Somebeachsomewhere was voted 2008 Dan Patch and O'Brien Horse of the Year (the only Standardbred to win the O'Brien title twice), Dan Patch Pacer of the Year, and Dan Patch and O'Brien Three-Year-Old Pacing Colt of the Year.

The horse was inducted into the Canadian harness racing Hall of Fame in 2009.

Somebachsomewhere was trained by Brent MacGrath and driven by Paul MacDonnell.

TRURO DAILY NEWS

Communities rally around lighthouses in jeopardy

FUNDING COMPETITION

Voting closes next week



Haley Ryan
Metro | Halifax

The National Trust is hoping to shine a light on lighthouses in need of help across Nova Scotia, which the executive director calls the "spirit" of the province.

Until July 15, residents can vote in the This Light-

house Matters campaign run by The National Trust for Canada and the Nova Scotia Lighthouse Preservation Society, which will award more than \$250,000 to nine lighthouse projects with the most support the day after voting ends.

"In the heritage building world, every 10 years a new endangered species comes along. It was railway stations in the 1980s, and now lighthouses because of changing technology," Natalie Bull, executive director of the Na-

tional Trust, said Monday.

"We think it's cool to use new technology ... to try and save them."

There were 150 lighthouses

and the roughly 40 community groups that have rallied around specific lighthouses to take over their upkeep.

"Lighthouses are the spirit

are lots of great reasons to try and save these structures and they mean a lot to their communities."

Bull said the online campaign also allows people to donate funds to any of the 26 lighthouses in the competition for a couple weeks past the voting deadline.

There will be three winners in three categories ranging from high tide, ebb tide and low tide, depending on the scale of the project, with first prize for the large-scale high tide being \$75,000.

Lighthouses are the spirit of Nova Scotia. They're part of the cultural landscape.

Natalie Bull

in Nova Scotia declared as surplus by the Fisheries and Oceans Canada in 2010, Bull said, but there's still a large gap between that number

of Nova Scotia. They're part of the cultural landscape," Bull said.

"They're certainly tourist attractions, so we think there



The Terence Bay Lighthouse in the Lower Prospect area is competing in the high tide category. THE NATIONAL TRUST FOR CANADA/CONTRIBUTED

PAVILION AT SOUTH PARK

City to review design work on former CBC, YMCA buildings

The long-awaited redevelopment of the corner of Sackville and South Park streets, home to the former CBC Radio and YMCA buildings, is set to enter into the formal application process this week.

Southwest Properties, along with Toronto-based Streamliner Properties Fund LP, inked an agreement with the public broadcaster and the Y last year.

On Thursday, their \$140-million proposal to build two mixed-use towers, a development that combines commercial space with condos and apartment rental

units — not to mention a new 70,000-square foot YMCA facility — will go before the city's design review committee Thursday.

"The project has a long history," Eric Burchill, vice-president of planning and development with Southwest Properties, said Monday.

Burchill said after months of revisions, the proposed design going before Thursday's committee is simply a more refined rendering of the development outlined in the original agreement.

"We're below the maximum heights on the site," he explained

Monday, adding most of the variances sought are minor and to be expected in such a "complex" project.

The proposed design encompasses a 13-storey luxury condominium tower, called Pavilion at South Park, which includes roughly 90 units, the vast majority of which are spoken for, Burchill said Monday.

That same building will hold what George Rodger of The YMCA of Greater Halifax/Dartmouth calls "a bright, open and inviting."

He said the new facility will

feature state-of-the-art equipment, as well as a full-track and childcare centre, with double the service capacity compared to the original centre.

"It'll be a picture before your eyes," Rodger said Monday.

From start to end, he estimates the new Y will cost around \$30 million.

The second building, known as the Curve, is a 16-storey apartment building with around 250 rental units.

Burchill expects the buildings to open their doors by 2018.

STEPHANIE TAYLOR/METRO



Demolition workers tear down the former YMCA building on South Park Street in Halifax last December. JEFF HARPER/METRO

A wish come true for teen

CHILDREN'S WISH

Ex-Haligonian caddies for Mike Weir at Canada Cup



Zane Woodford
Metro | Halifax

A lot of Canadians would be honoured to carry Mike Weir's golf clubs for 18 holes, heavy as they may be.

On Monday, that honour belonged to Andrew Ouellet.

Two years ago, the 19-year-old — who had stage four testicular cancer — was granted a wish from The Children's Wish Foundation: memberships at a local golf club for him and his father.

Since then, his family moved to Ottawa, and Ouellet's condition improved.

Then, before the RBC Canada Cup, all the pro golfers taking part gave up their caddy spots to raise money for The Children's Wish Foun-



Andrew Ouellet, left, caddies for former Master champion Mike Weir at the RBC Canada Cup on Monday at the Ashburn Golf Club in Windsor Junction. JEFF HARPER/METRO

dation, and the Sobey family bought Weir's spot, and donated that to the foundation

to be given as a wish.

"This was just a natural fit for Andrew," said foundation

director Cheryl Matthews.

Matthews called his mother and found out the family



You can't take the smile off his face out there.

Children's Wish Foundation director Cheryl Matthews

had moved.

His mother originally said no, but once she told her son, Matthews said Ouellet called her back in seconds.

"My first thought was, 'OK, let's get the first flight to Halifax,'" Ouellet said about receiving the phone call.

After moving to Ottawa, he said he didn't think he'd ever hear from The Children's Wish Foundation again.

But he's glad he did.

"There's almost no words to describe," he said, taking a load off after a full day of caddying at the pro-am and the RBC Canada Cup at Ashburn Golf Club in Windsor Junction on Monday.

"It's so surreal, caddying for a professional golfer, let alone Mike Weir."

The golf veteran and Masters winner said it was a blast

having Ouellet caddy for him.

"We're just having a good time," Weir said after Monday morning's pro-am match.

"It's good to get to know him, and hear his story. He's a really nice young man."

But the players didn't stop giving back after the last putt.

Before Team Canada hoisted the cup itself, Graham DeLaet presented the Nova Scotia chapter of The Children's Wish Foundation with a cheque for \$55,000 on behalf of the Graham and Ruby DeLaet Foundation, the charity he and his wife set up.

The couple will also be holding a fundraising tournament in support of The Children's Wish Foundation and Ronald MacDonald House in DeLaet's home province of Saskatchewan on Thursday.

IN BRIEF

Journalists pull support of Green Cove monument

Three Canadian journalists have resigned as honorary patrons of the Mother Canada War Memorial project, a news release stated Monday.

The release issued by the Friends of Green Cove organization says Peter Mansbridge, Chief Correspondent of CBC News, Lisa LaFlamme, senior editor of CTV National News, and former CTV news anchor Lloyd Robertson are no longer associated with the Never Forgotten National Memorial Foundation project.

Members of Friends of Green Cove say they have been writing to all honorary patrons for months, asking them to reconsider their support for the project, which they say is "evidently at variance with Parks Canada's core mandate to protect the lands and coast in its care."

In the case of Mansbridge, LaFlamme and Robertson, the group also raised concerns about a journalistic conflict of interest between promoting and reporting on the story.

THE CAPE BRETON POST

ROAD SAFETY

Teen caught going 99 km/h over limit

Halifax area police have charged a teenage driver with stunting after a vehicle carrying several passengers was clocked travelling nearly 200 km/h on a highway over the weekend.

According to a news release issued Monday, RCMP officers witnessed a vehicle travelling at a speed of 199 km/h in a 100 km/h limit zone on Highway 102 on Sunday around 9:15 p.m.

Police said the driver, who was identified as a 16-year-old boy from Bedford, was pulled over near Lower Sackville and issued a ticket, as well as handed a seven-day licence suspension.

According to Monday's release, stunting can be defined as driving more than 50 km/h above a posted speed limit.

METRO

CRIME

Police continue to hunt for arsonist

Police in Nova Scotia are asking for the public's help in finding the people responsible for a suspicious fire that destroyed a cottage in May.

According to a news release issued Monday, RCMP say officers responded to reports of a fire at a cottage on Rustico Lane, Pictou Landing on May 14 around 8 a.m.

When they arrived, members of the local fire department were already battling

the blaze, police say, which was eventually destroyed and deemed suspicious by the provincial fire marshal's office.

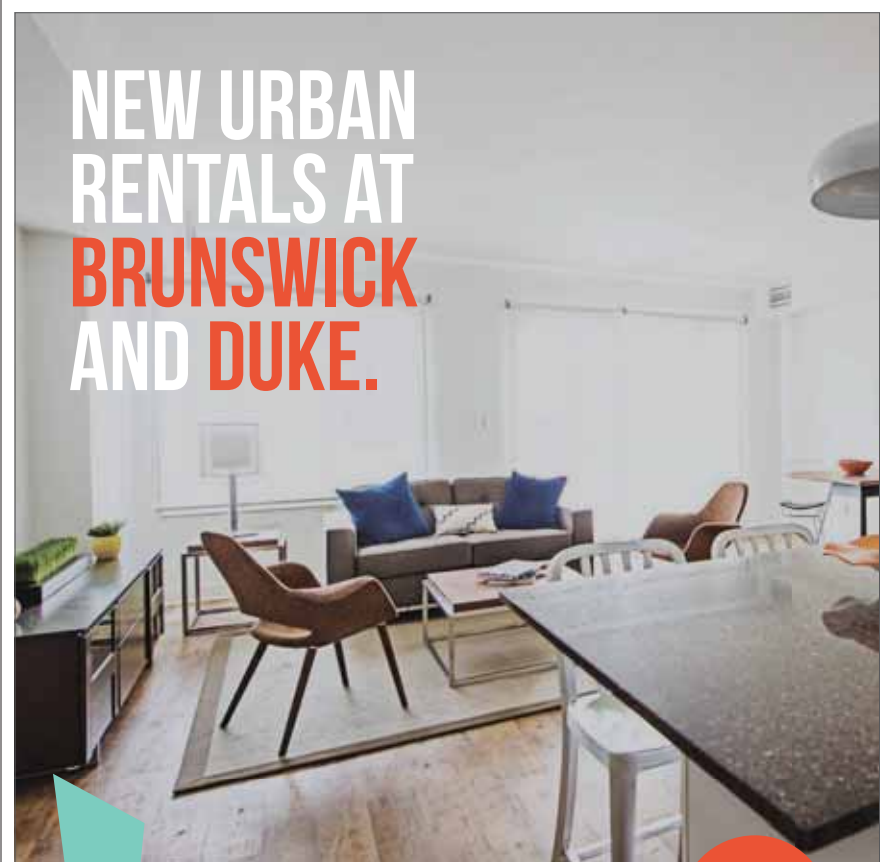
Police say further investigation showed several nearby cottages had been broken into and vandalized.

Anyone with information about this incident is asked to contact RCMP.

METRO

MORE LOCAL NEWS ONLINE

NEW URBAN RENTALS AT BRUNSWICK AND DUKE.



19twenty

BRUNSWICK HEIGHTS

19TWENTY.CA
902-334-1405

MOVE IN NOW



SUMMERTIME PADDLING A PATH Campers from Cheema Aquatic Club in Waverley enjoy the warm weather as they paddle a dragon boat up Lake Thomas on Monday. Summer camps for most school-age children have now started their first full week. JEFF HARPER/METRO

TOURISM AND TRAVEL Information Workshop

Get your passport ready! Enroll in school, receive an all-inclusive trip and graduate into a new career.

Date:
Wednesday, July 8, 2015

Time:
6:00 PM

Location:
Halifax Campus
7067 Chebucto Road



*Attend this workshop and receive a
\$500 Bursary to Eastern College

Eastern College Call: 1-877-297-0777
Visit: easterncollege.ca

*Restrictions may apply. Please speak to an Education Consultant.

Police hunt for bed intruder

CRIME

Two women in same building wake to find stranger inside



**Haley
Ryan**
Metro | Halifax

Halifax Regional Police are investigating after two women awoke to find a strange man in their bedrooms over the weekend.

Officers first responded to a break-in at an apartment

building in the 1500 block of Barrington Street on Sunday around 6 a.m.

Police say that's when, a 27-year-old woman awoke to find a man in her bed.

"It's very startling," police spokesman Sgt. Pierre Bourdages said Monday.

The culprit ran away from the apartment after the woman yelled at him to leave. It was later determined the woman had been sexually assaulted.

A 34-year-old woman in the same apartment told police around noon Sunday she too awoke to find a man in her bedroom around 5:45 a.m.

Again, police said the culprit

fled, although he apologized to the woman when she confronted him.

"We have an individual that believes that he can do whatever he wants," Bourdages said.

Bourdages said officers arrested a man in the building on Sunday afternoon, but he has since been released without charges.

Police are unsure how the culprit entered the apartments. Nothing was stolen, Bourdages said.

The culprit is described as a clean-shaven Asian man in his 20s, who is about five-foot-five, has a slim build and short dark hair.

OBITUARY

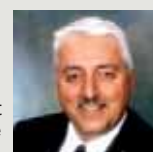
Former Dartmouth councillor dead at 62

Brian Warshick died in hospital over the weekend at the age of 62.

In his death notice, Warshick is remembered as a "social creature" and "fervent" supporter of Dart-

mouth.

He started a broadcasting career in Saint John before moving to Halifax, where his



Brian Warshick
CONTRIBUTED

on-air work was followed by many years in media sales.

"One of his proudest accomplishments was representing Dartmouth East," the death notice said.

Warshick was elected in 2000 but lost the seat four years later. HALEY RYAN/METRO

Veteran broadcaster dies

MEDIA

Stan Carew, 64, found dead at his home on Monday

Stan Carew, the long-time host of CBC Radio's Weekend Mornings, has died.

CBC Nova Scotia reported the 64-year-old was found in his

home Monday, and the broadcaster suffered from "serious health problems."

Carew was planning to retire from the CBC in September after 35 years, according to a release from Denise Wilson, senior managing director of CBC Atlantic.

"Like all of us, I am shocked and deeply saddened by this news," Wilson said in a news release.

"On behalf of all his colleagues and friends at CBC we



On behalf of all his colleagues and friends at CBC we extend sincere condolences to his family, friends and loyal audience.

Denise Wilson, senior managing director at CBC

extend sincere condolences to his family, friends and loyal audience."

Wilson said Carew was a "mainstay" in households throughout the Maritimes as

host of Weekend Mornings for 18 years.

Details of Carew's funeral arrangements are not available at this time, the release said.

METRO



CBC broadcaster Stan Carew. CONTRIBUTED

DARTMOUTH

Green infrastructure 'just common sense'



Stephanie Taylor
Metro | Halifax

One conservation group in Dartmouth is pleased with the progress one of its community lakes is making.

That progress is thanks in part to a new piece of green infrastructure that some believe could aid other bodies of water around the municipality.

Terence Rowell of the Oathill Lake Conservation Society



People think the water going off the street into that sewer is going into a treatment plant. Well, it's not.

Terence Rowell

— a volunteer-run non-profit aimed at helping clean up the lake — said Monday that an increasing amount of grime from the streets and residents' lawns was rushing into the lake after rainstorms, creating a nutrient overload.

Rowell explained a storm sewer pipe on Oathill Crescent

would pour water directly into the lake.

Eventually, the group approached both Halifax Regional Municipality and Halifax Water, and asked the pipe be altered to filter into a miniature wetlands, which they proposed to build in order to soak up the runoff from streets and driveways, rather than have stormwater running directly into the lake.

Rowell said plants, such as cattails, absorb some of the phosphorous and are reducing the amount of nutrients and pollutants from entering the lake.

"It's just common sense ... wetlands help protect the quality of the water," he said Monday.

The city says the stormwater retention pond project, funded by the Green Municipal Fund, cost around \$35,000 and was installed last year.

But Oathill Lake is not alone in this issue, Rowell added, saying other lakes in Dartmouth suffer from the same influx of chemicals from runoff — an issue that will only worsen as the effects of climate change settle in, according to a spokeswoman from the Ecology Action Centre.

"As we have more rainstorms and they're heavier rainfalls because of climate change, we're putting more pressure on our sewer systems," Robin Tress said Monday.

IN BRIEF

Tender awarded for wharf in Newfoundland before new ferry arrives in February

A \$3-million tender has been awarded by the government of Newfoundland and Labrador to upgrade the Bell Island wharf to allow for the arrival of a new ferry in February.

The province is spending a total of almost \$7 million on the wharves at Bell Island and Portugal Cove-St. Philip's to accommodate the MV Legionnaire, an 80-metre ice class ferry.

The government says work on the Bell Island wharf may mean some inconvenience for travellers, but it is taking steps to cover the loss of some parking spaces while construction is underway.

Coady Construction and Excavating Ltd. will do the work on the Bell Island wharf.

The province announced just over \$13 million in its last budget to improve wharves for two new ferries for Bell, Fogo and Change islands.

THE CANADIAN PRESS

CUPE'S PENSION PROPOSAL: BETTER FOR RATEPAYERS; BETTER FOR RETIREES

On June 25, after a six-week lockout by Halifax Water, CUPE Locals 227 and 1431 made a very balanced proposal that would benefit both ratepayers and future retirees.

Our proposal:

- saves ratepayers \$1.8 million more than the employer's proposal
- requires plan members to contribute a little more on a temporary basis while the plan is in deficit
- uses a temporary freeze on the cap on the maximum pensionable earnings at \$141,000 to lower plan costs
- protects 98% of the current plan benefits at retirement

Union retirees at Halifax Water now receive a modest \$22,000 on average when they retire. Senior management retirees are in line to receive more than \$84,000. Yet Halifax Water is demanding a more expensive plan with further concessions that favour managers over workers.

Please call (902) 490-4010

and tell Mayor Mike Savage and Councillors Russell Walker, David Hendsbee, and Barry Dalrymple that it's time to get involved. Tell them to treat their workers fairly and support CUPE's proposal which is fair for ALL workers at Halifax Water and is more cost effective for Halifax Water ratepayers.



HANDS OFF OUR PENSIONS!

A message from CUPE
Locals 227 and 1431

CUPE



Haligonians soaking up the sunny summer skies

WEATHER

Residents hit the beach for city's first hot day of the year

Heide Pearson
For Metro | Halifax

By noon Monday morning, Chocolate Lake Beach was filling up with eager sunbathers and swimmers looking to take advantage of the beautiful, hot weather.

After the long, harsh winter and wet, cold spring, Haligonians were happier than ever to finally get out and enjoy the sunshine.

Corey Garnier had a day off, and was enjoying his first beach day of the year.

"It's surreal," he said. "Feels like it was never gonna show up and now that it's



Throng of Haligonians flocked to beaches, including Chocolate Lake, to take in the hot weather, warm sand and cool water Monday. HEIDE PEARSON/FOR METRO

+ IN NUMBERS

Hot Halifax:

Environment Canada was calling for a high of 27 C on Monday, and is predicting an even higher and hotter 28 C for Tuesday.

Although there's a 40 per cent chance of showers and a drop to 23 C on Wednesday, the remainder of the week and this weekend are expected to stay around 25 C and 26 C, with sunny skies throughout.

here you can't wait to get out into it."

Young and old alike soaked it all up Monday, including the many children swimming in the warm waters, building sand castles, and enjoying their summer vacations.

"It's awesome!" said Archer Owen, who had just come in out of the water for a snack.

"It started kind of cold but then you just get used to it." "The water is really warm,"

agreed his buddy, Ira Selfridge.

The two boys were there with their babysitter, Brigitte Theriault, and two other friends.

"It was a long winter and now school's out and I think that they're happy to be able to just play and have fun and see their friends," Theriault said.

Halifax has seen a lot of sun and hot weather in the

past few days, and it's bringing more and more people to beaches across the city to soak up the long-awaited summer.

"It feels so nice. Everyone was getting down in the dumps," said Meghan Francis. "It was a really bad winter, so it feels really nice gettin' our Vitamin D back, gettin' some sun, makes everybody feel so much better."

Francis and her friends



I think that they're happy to be able to just play and have fun and see their friends.

Brigitte Theriault

are on a short break from school, and say this summer is a better treat than others have been.

"Definitely taking more advantage of the summer

before winter comes back," Sarah Legate said.

The only downside to the return of heat and sun, the girls said, are "the freakin' bugs."

COURT

Nelson Hart sentenced to house arrest for threatening jail guard

A Newfoundland man set free last year after Canada's top court threw out murder confessions in the deaths of his twin daughters was sentenced Monday for threatening a jail guard.

Nelson Hart will serve 30 days of house arrest and one year of probation for an incident at Her Majesty's Penitentiary in St. John's on Jan. 30, 2013.

The 46-year-old man was convicted in February of threatening to stab a male guard after a dispute as Hart was held in segregation.

A guard testified Hart became irate when asked to open his mouth to prove he'd swallowed his medication.

At the time, Hart's first-degree murder conviction in the 2002 drowning deaths of his

three-year-old twin girls had been overturned but he was still behind bars pending an appeal.

Hart was released last summer after the Supreme Court of Canada ruled confessions he made to undercover police posing as gangsters were inadmissible. The high court said the investigative tactics potentially breached Hart's Charter rights.

THE CANADIAN PRESS

IN BRIEF

Body found in Glace Bay

Cape Breton Regional Police have a portion of Renwick Brook Park blocked off as they investigate the discovery of a dead body. The body of a male was located Monday, police confirmed.

"Our investigators and our forensic identification unit are on scene," said Desiree Vassallo, spokeswoman for the Cape Breton Regional Police Service. "That's all we really know at this point." THE CANADIAN PRESS

ST. JOHN'S, N.L.

Parking lot crash injures three people

Police are investigating a collision in the parking lot of a fast-food restaurant in Newfoundland that injured three people and damaged cars.

They say the incident occurred at McDonald's on Topsail Road in St. John's shortly after midnight.

One person involved says her car was rammed several times as a driver tried to leave

the lot.

She says the vehicle then swerved suddenly, collided with a truck in the drive-thru lane and then hit the building.

Police say three people were taken to hospital with non-life-threatening injuries.

The area was closed for a time so police could try to determine what happened.

THE CANADIAN PRESS

ENTOMOLOGY

Insects have feelings too, say new studies

If you knew that pesky fly buzzing around your kitchen had feelings, would you still swat it?

According to a post on BrainBlogger.com, a number of recent studies show insects experience something akin to emotion, and may even possess empathy for their fellow bugs.

In one experiment, a colony of bees was subjected to a simulated badger attack (no, really) and then presented with two chemical scents: one designed to simulate food and attract the bees and another that typically repels them.

"Bees that had been shaken became pessimistic, glass-half-empty characters that were more likely to react to the nasty smell in the mixtures and recoil as opposed to being attracted to the yummy smell ... Unshaken bees on the other hand remained their more optimistic, glass-half-full selves and were more likely to see the mixtures as half-appetizing," wrote Dr. Carla Clark.

In another study, researchers

found calm woodlice influenced the behaviour of their neighbours, causing other woodlice to become relaxed.

Neither study offers conclusive proof that insects experience emotion, Clark said, but the results should make you think twice before you roll up that newspaper or go searching for nearby shoe.

"With insect brains surprising even entomology experts in their extraordinary similarities with our own brains ... the similarities may be more profound than we would like to think," Clark said.

LUKE SIMCOE/METRO



We may be one step closer to comparing insects' experiences of feelings with our own.

Dr. Carla Clark

CITIZENSHIP

New law has focus groups worried

Dual citizens say they're concerned the government's new powers to take away Canadian citizenship are stigmatizing certain communities.

Members of the Indian and Filipino communities in particular told the federal government during focus groups late last year they're worried about the long-term implications of the new law.

It allows the government to take away Canadian citizenship from any dual citizen found guilty of terrorism, treason and high treason, and spying for a foreign government.

The government argues the

provisions are in line with what other countries are doing and those who commit such acts are disloyal.

But focus-group participants said the law has left them wondering whether they should drop their dual citizenship in case the rules eventually expand to encompass other crimes, putting their status as Canadians at risk.

This week at the United Nations, some human rights groups are raising the citizenship revocation powers as part of a discussion of Canada's compliance with international civil rights covenants.

THE CANADIAN PRESS

IN BRIEF

Manitoba woman accused of hiding remains of six infants faces fraud trial

A woman accused of hiding the remains of six infants in a Winnipeg storage locker is going to trial on fraud charges.

Andrea Giesbrecht is accused of defrauding Manitoba's Employment and Income Assistance, a payday loan company and an unnamed individual.

She also faces charges of concealing a body in relation to the remains found last year.

Matt Gould, her lawyer,

says they tried to negotiate a settlement with the Crown that wouldn't have involved jail time. He says it could take a year before the fraud charges make it to trial.

"We feel, as her defence, that it's inappropriate to add jail time to this type of charge. She was willing to acknowledge that paying (the money) back was appropriate," Gould said.

Court records show Giesbrecht, 41, was a gambling addict with a low-paying job at a fast food restaurant before she was arrested last October. THE CANADIAN PRESS



B.C. WILDFIRES TURN DEADLY Smoke from wildfires in the interior of British Columbia blanket downtown Vancouver on Sunday. Air quality advisories have been issued across southern Vancouver Island, the mainland coast, Metro Vancouver and the Fraser Valley. People with heart or lung problems or medical conditions such as diabetes, as well as the elderly and the very young, are urged to remain indoors and limit strenuous activity. JONATHAN HAYWARD/THE CANADIAN PRESS

Feds soften up on bribery, laundering

ANTI-CORRUPTION

Ottawa makes changes to procurement rules, penalties

Ottawa has softened its anti-corruption rules, reducing the penalties for companies that are seeking government work after being convicted of bribery, money laundering and other offences.

Under the new procurement rules announced Friday, companies can still be barred from gov-

ernment contracts for 10 years if they have been convicted of such offences in the past three years.

But that ban can be cut in half if the company co-operates with authorities and takes remedial action.

Also, suppliers will no longer be automatically ineligible for government work because of the conduct of affiliates unless it can be demonstrated that the supplier had control over the convicted affiliate.

Canada's business lobby has been urging Ottawa to make changes to procurement rules it labelled as "draconian."

Public Works Canada says the

new rules are fair, ensure due process and better align with international best practices.

SNC-Lavalin chief executive Robert Card has warned of the negative consequences for his company if the federal protocols used in awarding contracts weren't changed in light of the company's legal troubles. The company has been beefing up its compliance rules since improprieties surfaced three years ago.

The RCMP charged SNC-Lavalin and two of its subsidiaries with one count of fraud and one of corruption last February over its dealings in Libya.

The Montreal-based company

10

Companies can still be barred from government contracts for 10 years if they have been convicted of bribery, money laundering or other offences in the past three years.

has said it will plead not guilty to the charges but is willing to pay a fine for the alleged transgressions of former employees. The case will be back in court in October. THE CANADIAN PRESS

WINNIPEG

Accused bomber entangled in bitter divorce

Court documents show a man accused of sending letter bombs to Winnipeg lawyers and his ex-wife has been in a decade-long battle with his former spouse that includes accusations of theft, impersonation and a wedding ring being flushed down a toilet.

Police allege Guido Amsel, 49, became so enraged over perceived mistreatment at the hands of his former wife and lawyers who had been involved in the dispute, he sent explosive devices to their offices though Canada Post.

A lawyer was seriously injured when one of the bombs blew up

at a firm on Friday. Police detonated two more devices over the weekend and warned justice officials that more could be found in the next day or so.

The situation has unnerved many city residents and prompted dozens of reports of suspicious packages. City hall and a nearby Canada Post office were briefly evacuated Monday.

Court documents show Guido Amsel and his wife, Iris Amsel, separated in 2004. They have a son, who was nine at the time.

Documents from the divorce proceedings show no unusual

acrimony at first. Amsel and his wife owned a numbered company involved in automotive repair. The couple initially split shares in the company — Amsel later bought out his ex-wife — and Amsel was ordered to pay \$500 a month in child support.

The divorce became bitter in 2010. Guido Amsel accused his ex-wife of siphoning more than \$3 million from the company into hidden bank accounts prior to the divorce being finalized.

"It is my belief at the present time that during our cohabitation, the respondent secreted

money to these accounts," reads an affidavit from Guido Amsel dated July 9, 2010.

"I am fearful that the respondent will transfer funds from these and any other accounts she may have to Germany and thereafter relocate there with the intention of keeping our son there as well."

Iris Amsel has denied all the accusations. Iris Amsel's lawyer was Maria Mitousis, who suffered severe injuries when the first letter bomb went off last Friday.

Guido Amsel was being held in custody pending a court date Tuesday. THE CANADIAN PRESS

Greece's future unclear after referendum 'No' win

DEBT CRISIS

Finance minister resigns to ease negotiations

Despite triumphing in a popular vote against austerity, Greece on Monday faced the urgent need to heal its ties with European creditors and reach a financial rescue deal that might prevent it from falling out of the euro — possibly within days.

Prime Minister Alexis Tsipras won big in Sunday's referendum, in which 60 per cent of Greeks rejected the economic measures creditors had proposed in exchange for loans the country needs to remain afloat. He also received the rare backing of opposition parties to restart bailout negotiations.

But his bolstered mandate to push for better concessions from creditors hit the hard reality of the country's deteriorating finances, with the banks facing the risk of collapse within days unless a rescue deal is reached.

In a sign that he hopes to reach a deal as soon as possible, Tsipras appointed a new mild-mannered finance minister to lead talks with bailout creditors and replace Yanis Varoufakis, the hard-talking professor who clashed regularly with his European counterparts.

Euclid Tsakalotos, a 55-year-old economist, appears more willing to reach a compromise with creditors and will be tested as soon as Tuesday, when he will meet the other 18 eurozone finance ministers

66

After yesterday's celebrations in the streets there's a danger of a rude awakening soon.

German Vice Chancellor
Sigmar Gabriel

in Brussels.

That meeting is meant to seek the basis for a deal that European leaders, including Tsipras, might discuss at an emergency summit later in the day. Ahead of the summit, Tsipras spoke by phone with German Chancellor Angela Merkel.

Greece's financial situation is getting more difficult by the day. It had to close the banks last week to prevent their collapse in the face of a run, and imposed limits on cash withdrawals and transfers.

Greek banks remained closed Monday, with only a few branches opening for pensioners to receive emergency assistance. Louka Katseli, head of the Greek Bank Association, said she expected banks to remain closed for at least two more days.

The government is expected to extend the restrictions on withdrawals after the European Central Bank makes a decision later Monday on cash support for Greek banks.

The ECB has frozen the amount of credit it allows Greek banks to draw on, even though their cash requirements are growing as people rush to withdraw what money they can.

THE ASSOCIATED PRESS



Outgoing Greek Finance Minister Yanis Varoufakis is surrounded by media Monday, as he tries to leave on his motorcycle, following his resignation in Athens.

PETROS KARADJIAS/THE ASSOCIATED PRESS

SEX ASSAULT SUIT

Cosby admitted drugging women

Bill Cosby admitted in 2005 that he got quaaludes with the intent of giving them to young women he wanted to have sex with, and that he gave the sedative to at least one woman and "other people," according to documents obtained Monday by The Associated Press.

That woman and a second woman testified in the same case that they knowingly took quaaludes from him, according to the unsealed documents.

The Associated Press had gone to court to compel the release of the documents from the deposition in a sexual abuse lawsuit filed by former Temple University employee Andrea Constand — the first of a cascade of sexual abuse lawsuits against him. Cosby's lawyers had objected on the grounds that it would embarrass their client.

Cosby settled that lawsuit under confidential terms in 2006. His lawyers in the Philadelphia case did not immediately return phone calls Monday.

Cosby, 77, has been accused by more than two dozen women of sexual misconduct, including allegations by many that he drugged and raped them in incidents dating back more than four decades. Cosby has never been criminally charged, and most of the accusations are barred by statutes of limitations.

Cosby, giving sworn testimony in the lawsuit accusing him of sexual assaulting Constand at his home in Pennsylvania in 2005, said he got seven quaalude prescriptions in the 1970s. The lawyer for Constand asked if he had kept the sedatives through the 1990s — after they were banned — but was frustrated by objections from Cosby's lawyer.

THE ASSOCIATED PRESS

IN BRIEF

Boy dies after punishment for eating cake: Police

Police say a nine-year-old boy has died after he was allegedly handcuffed and beaten for eating a piece of birthday cake without permission.

The mother's boyfriend, 30-year-old Robert Wilson, was charged Wednesday with first-degree assault and child abuse.

It's not clear whose cake it was. The boy had had a birthday three days earlier.

THE ASSOCIATED PRESS

Sex on public beach nets prison sentence for man

A man convicted of having sex on a Florida beach in front of families was sentenced to 2-1/2 years in prison on Monday.

Jose Caballero, 40, and Elissa Alvarez, 21, were convicted in May of two counts of lewd and lascivious behaviour. They were videotaped having sex on a Manatee County beach last summer in broad daylight. Witnesses testified that a 3-year-old girl saw them.

THE ASSOCIATED PRESS

IRAQ

Homes bombed, malfunction blamed

An Iraqi fighter jet accidentally dropped a bomb over a Baghdad neighbourhood on Monday, killing at least 12 people on the ground, Iraqi officials said.

The plane — one of several Russian-made Sukhoi used by Iraq in the fight against the Islamic State group — was returning to base when the accident happened.

Military spokesman Brig. Gen. Saad Maan Ibrahim told The Associated Press that a technical failure caused the Sukhoi jet to drop the bomb, which hit a number of houses in the Iraqi

capital's eastern neighbourhood of New Baghdad.

Three children and two women were among the 12 killed, a police officer at the scene and a medical official at a nearby hospital said. At least 25 people were wounded, the two officials added.

AP footage showed rescue teams in orange jumpsuits and blue helmets searching through the rubble for victims. At least one victim was seen wrapped with a blanket and being rushed to an ambulance.

Iraq is going through its worst

crisis since the 2011 withdrawal of U.S. troops. The Islamic State group controls large swaths of the country's north and west following a blitz last year when the militants captured Iraq's second-largest city of Mosul and the majority of the western Anbar province.

Also Monday, separate attacks in and around Baghdad killed at least seven people.

The deadliest took place in Baghdad's southern suburb of Arab Jabour when a booby-trapped house exploded, killing three members of security

forces and wounding nine, a police officer said.

In another attack, two soldiers were killed and five hurt when mortar rounds hit their base in Abu Ghraib, west of Baghdad, the officer said. And two civilians were killed and six wounded in a bomb explosion at an outdoor market in the western Ghazaliyah neighbourhood.

Medical officials confirmed casualty figures. All officials spoke on condition of anonymity as they were not authorized to release information.

THE ASSOCIATED PRESS



Starbucks says it's hiking prices again beginning today with the increases ranging from 10 to 20 cents for affected brewed coffees and lattes. THE ASSOCIATED PRESS FILE

COFFEE

Starbucks hikes drink prices

Starbucks Canada will raise prices on some of its beverage sizes by 10 to 20 cents starting today.

The coffee chain says the adjustments will only apply to 10 per cent of its drinks — and won't impact some of its most popular items.

Company spokeswoman Carly Suppa says the price hikes will vary by province.

She says a brewed coffee

in a Venti cup — the largest size at Canadian stores — will increase by 10 cents in some provinces.

Lattes in a Grande or Venti cup will go up by 20 cents, depending on the province.

Suppa says prices for these particular drinks haven't increased in a year-and-a-half to three years.

In the United States, Starbucks also announced separate

price changes to some of its drinks.

The company says small and large coffees will each go up by 10 cents U.S. in most areas of the country.

The decision comes even as some other U.S. coffee sellers cut their prices because of declines in future prices for unroasted coffee beans.

THE CANADIAN PRESS, WITH FILES FROM THE ASSOCIATED PRESS

Crisis won't slow Greek imports

CANADIAN ECONOMY

Suppliers have stockpiles of the country's goods stored

Major Canadian importers of olive oil, sea salt, preserved vegetables and other delicacies from Greece say they've been stockpiling goods in their warehouses in anticipation that the economic turmoil overseas will get worse.

The Canadian companies say the economic crisis in Greece won't keep products off store shelves here for a while, but recent events make their preparations seem wise.

A referendum held on Sunday saw Greek citizens reject the idea of adopting more austerity measures in exchange for financial aid from the European Union. The debt-ridden country

has closed its banks for six working days and imposed strict limits on cash withdrawals.

Greece's precarious financial situation may force it to abandon the euro and begin issuing its own currency.

Canadian businesses are keeping a close eye on the economic situation, but don't immediately seem to feel their bottom lines will require much extra scrutiny.

"Business as usual for us," said Miltiadis Antypas, President of Pilaros International Trading Inc. "The companies we're dealing with, most of them are multinational. They don't pay us, we pay them, so the situation is not changing for us."

The food products that companies such as Pilaros import to Canadian shores represent a significant piece of the Greek-Canadian trading relationship. According to 2014 figures posted on the country's Greek embassy website, Canada imported nearly \$57 million in food products

from Greece, more than double the second-largest import of base metal products.

In order to meet the demand, Antypas said his company's warehouses are currently filled with at least a five-month supply of goods such as olives and olive oil, sea salt and other products with a long shelf life.

Alex Alexakis, vice-president of Canadian operations at Krinos Foods, said his firm too has been stockpiling supplies.

"We're OK for a couple of months at least," Alexakis said.

Besieged by a prolonged recession, high unemployment and banks dangerously low on capital, Greece defaulted on repaying a loan to the International Monetary Fund last week, becoming the first developed state to do so.

Now some analysts wonder if Greece is so starved of cash that it could be forced to start issuing its own currency and become the first country to leave the 19-member eurozone since it was established in 1999.

Greece and its creditors, who will meet again today to discuss how to keep the country in the euro, remain far apart on key issues, particularly the notion of debt relief.

THE CANADIAN PRESS, WITH FILES FROM THE ASSOCIATED PRESS

The companies we're dealing with, most of them are multinational. They don't pay us, we pay them, so the situation is not changing for us.

Miltiadis Antypas, Pilaros International Trading Inc.

BANK OF CANADA

Businesses divided on bank's outlook report

There is a divide in business confidence across the country as low oil prices weigh on the outlook for some regions more than others, according to the latest reading from the Bank of Canada.

The summer edition of the central bank's business outlook survey suggests businesses on the prairies expect sales to slow over the next 12 months as the oil price shock spreads across other sectors. However, the Bank of Canada says the story isn't the same across the country.

"On the other hand, domestic demand is strengthening in regions that are less exposed to the energy sector," the report said.

Overall, the survey said more firms reported sales growth accelerated over the last 12 months than those that saw growth slow, but the margin shrank compared with earlier surveys.

The central bank is expected to cut its expectations for growth in the second quarter following a pullback by the economy in

The modest improvement and the upbeat tone for Central Canada ... slightly lower the odds of a move.

Benjamin Reitzes, BMO senior economist

April, but its plan for interest rates is less clear.

"With rate cut speculation heating up ahead of next week's policy announcement, the modest improvement and the upbeat tone for Central Canada and manufacturing slightly lower the odds of a move," said BMO senior economist Benjamin Reitzes.

A lower dollar is also affecting investment decisions as some businesses suggest they plan to restrain spending as a result of higher costs for imported equipment. THE CANADIAN PRESS

AMAZON

'Prime Day' discounts mark 20th anniversary

Amazon is trying to lure more subscribers to its \$99 Prime loyalty program by pushing a day of discounts it calls "Prime Day" during the sleeper summer shopping season.

The e-commerce retailer plans to offer thousands of deals on July 15 in the nine countries

that have the Prime loyalty program, including the U.S., U.K., Spain, Japan, Italy, Germany, France, Canada and Austria.

The Seattle company says the promotion is pegged to its 20th anniversary, which is July 16. Amazon says there will be more deals on July 15 than on

Black Friday, the busy shopping day after Thanksgiving.

Amazon doesn't release the number of Prime members it has, but Michael Pachter, an analyst at Wedbush Securities, estimates there are 35 million to 40 million.

"Black Friday is an event be-

cause it kicks off the holiday shopping season," he said. "I don't think an event in mid-July will have much impact, and view it as more of a test by Amazon during a slow period to see how a special Prime shopping day is received by its customers." THE ASSOCIATED PRESS

IN BRIEF

Beef prices rise as dry farming conditions persist

The cost of beef continues to climb to new highs as dry conditions affect Canada's cattle heartland. According to data released by Statistics Canada, the price of 100 pounds of Alberta beef at slaughter rose to \$192.80 in May — a 36 per cent jump from May 2014. The high cattle prices have translated to soaring beef prices in stores, with ground beef costing \$12.64 per kilogram — an 18 per cent rise compared to a year ago. THE CANADIAN PRESS

market minute



DOLLAR

79.04¢ (-0.58¢)

TSX 14,593.57 (-88.82)

OIL \$52.53 US (-\$4.40)

GOLD \$1,173.20 US (+\$9.70)

NATURAL GAS: \$2.756 US (-6.6¢)
DOW JONES: 17,683.58 (-46.53)

Weeknights at 6 Hannah counts down the HOTTEST songs of the day.

6 SIX@6 LAST NIGHT:

- 6 Maroon 5: This Summer's Gonna Hurt
- 5 Skrillex ft Justin Bieber & Diplo: Where Are You Now
- 4 Elle King: Ex's & Oh's
- 3 The Weeknd: Can't Feel My Face
- 2 Andy Grammer: Honey, I'm Good
- 1 Fifth Harmony ft Kid Ink: Worth It

101.3 THE BOUNCE

1013TheBOUNCE.com 1013thebounce

the big question

How often are bomb threats credible?

Pretty rarely. For example, of 1,055 U.S. school bomb incidents from 1990-2002, only 14 (1.3 per cent) saw threats beforehand. Risk management experts Frederick Calhoun and Stephen Weston identify two types of threat-makers, that rarely overlap. "Howlers," like those who called in a string of threats to airlines this week, inflict mostly inconvenience. A full-throated police response gives these miscreants exactly what they want: Attention. Dangerous, methodical "hunters," on the other hand, generally don't advertise their plans. That would include the Winnipeg mail bomber who badly injured one woman Friday and put residents on edge, leading to more (ultimately false) suspicious-package reports. Just one notorious group was known for courtesy calls before attacks — the IRA. Even then, the IRA would often call in a threat, set off an explosion, then detonate secondary bombs targeting first responders. METRO

There's hope yet for Hollis Street bike lanes

YOUR RIDE

Erica Butler



A superstitious person might think the Hollis Street bike lane is cursed.

After all, it's going on five years since the as-yet-unbuilt southbound bike lane was first approved by city council. The paint is almost faded on its four-year-old counterpart, the northbound Lower Water Street bike lane. Now there's a new complication: Both companies that bid on the work are asking for more than the city budgeted — to the tune of \$50,000.

You could be forgiven for wondering if more than simple bureaucracy is at work here. However, I'm putting my money on good, old fashioned, well-meaning red tape.

Basically, it's taking so long to get Hollis Street built because the city is taking their time, and trying to do it right. Of course, that doesn't mean they will get it right, at least not for everyone.

Some people will find the left-hand-side orientation of the lane strange to ride in. Likely more will have a problem with the decision to allow vehicles to stop in the lane during off-peak hours. Many more will wonder why the 60-centimetre buffer doesn't feature physical barriers. Still others, myself included, will find it heartbreaking not to have the short and sweet Barrington Street Greenway connected to this new one-kilometre downtown lane.

Despite the deficiencies, Halifax Cycling Coalition board member Eric Jonsson says the lane "is a step in the

right direction." The HCC has called for 100 kilometres of protected bike lanes in Halifax by 2020. While Hollis Street lanes won't count towards this goal, it does have the potential in the future, thanks to the buffer.

I agree with HCC. With bike infrastructure in Halifax, we're still very much in a "better something than nothing" phase.

Yes, we have a torturous, piecemeal approach to building infrastructure. On the other hand, the left-side one-way street design on the table for Hollis Street shows a certain amount of creativity and flexibility from Halifax staff and council that we haven't seen so far. Maybe, just maybe, we're actually getting somewhere.

According to city spokeswoman Jennifer Stairs, over-budget bids don't mean a project is dead in

With bike infrastructure in Halifax, we're still very much in a "better something than nothing" phase.

the water. The city can tweak the project to be more affordable, such as choosing not to repave intersections along Hollis, or it can find the money elsewhere in the budget.

Either way, after five years of planning, the time has come to build the Hollis Street bike lane. Let's hope the city finds a way to follow through on its plans.

Erica Butler lives in Halifax and uses transit, a car and a bicycle to get around the city. You can follow her on Twitter at @HabitatRadio.

metroview

It's about time for Calgary to hold a #SafeStampede



Emily Jackson
Metro | Vancouver

The Calgary Stampede may have been established on rodeo, rides and beef-on-a-bun, but corporate-sanctioned caesars before noon can lead to a debauchorous 10-day bender for wannabe cowboys (regardless of gender) looking to blow off steam.

Most are respectful and jovial. But some men, instead of embodying Western hospitality, transform into dude-bros who feel entitled to disrespect or harass women. Catcalls. Ass-grabbing. Name-calling if you look less than pleased by these charming advances.

For those who question whether this is really a problem, I conducted a (very unscientific) survey of 10 female friends in their 20s and 30s, all of whom attend Stampede annually, before writing this column. Half of these women — HALF! — have been grabbed at over the years while walking through crowded party tents. The most recent incident occurred Friday at Cowboys, the club with the slogan "The most fun you can have with your boots on." A guy grabbed under a friend's skirt. I'm told he got a lecture.

I've had my butt grabbed at the Stampede twice. One time, it happened so quickly I couldn't pick the offender from the jeering herd; the other time, I was told I "overreacted" for telling the guy off.

So I tip my hat to the

Calgary Stampede for jumping on the anti-sexual-harassment wagon. It's about time.

The city's top brass, including the Stampede CEO and Mayor Naheed Nenshi, quickly endorsed the #SafeStampede campaign, which was created by a group of women to encourage respect and share information about consent and sexual harassment.

Thanks for the leadership, folks. It sends a message to people attending one of Canada's largest events that harassment isn't condoned and that donning a plaid shirt and cowboy boots isn't a licence to make women feel unsafe.

Don't get me wrong, I love the Stampede (including line dancing at Cowboys after a few spiked lemonades) more than most. I return every year for the festivities even though I haven't hung my hat in Calgary for more than a decade.

But until this campaign snapped me to attention, I viewed the harassment as an irritating but inevitable part of the Stampede.

I hope this campaign will add to the culture shift away from victim-blaming and objectification. Whether it's #YesAllWomen, which highlights stories about everyday harassment, or Ontario's ongoing #WhoWillYouHelp initiative, our society seems to be more aware of sexist violence and harassment.

We don't have to be resigned to bad behaviour. It may be the Wild West, but adopting that mentality shouldn't mean accepting harassment.

Rosemary Westwood will return Wednesday.

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PHILOSOPHER CAT
by Jason Logan

SINCE WHY IS SO DIFFICULT TO HANDLE, ONE MUST TAKE REFUGE IN NOW.





Amy hot enough for big screen

TRAINWRECK

Inside Amy Schumer star on her first film and fame



Richard Crouse
Metro | Life

Amy Schumer is having a fantastic year. The standup comic, television star and headline magnet is about to add movie star to her resumé.

Inside Amy Schumer, her Peabody Award-winning TV show, makes news every single week, whether it's tackling topics like high school rape culture in a Friday Night Lights takeoff or assembling a jury, à la 12 Angry Men, to debate whether Schumer is quote, hot enough, unquote, to be on television.

She's everywhere and soon she'll be on the big screen in *Trainwreck*, directed by comedy maestro Judd Apatow from a script by Schumer. In the most unconventional rom-com since *Bridesmaids* she stars as a young, promiscuous New York woman who drinks too much and finds true love despite doing everything to avoid it.



Because you do this work you feel proud of, I feel you're punished by having to dress up like a show poodle

Amy Schumer on fame

"To be me right now is very weird," she says. "It's weird, I feel like I am famous all of a sudden. I've been kind of recognizable but now it is very different and it is very new. It's overwhelming. It is a little scary. I'm on the subway and it's not like one or two people—it's like the whole car wants a picture. It's overwhelming."

"I never thought about being famous. That was never part of my thing, but once it was on the horizon as a possibility, it seemed like a real bummer. I could see there's no upside. The upside is I sometimes get



Top, Amy Schumer with director Judd Apatow, left, and co-star Bill Hader on the set of *Trainwreck*, which she wrote. Bottom, Schumer in two scenes from Season 3 of *Inside Amy Schumer*, the finale of which airs tonight on Comedy Central. CONTRIBUTED

free appetizers and I can get a reservation at a restaurant. I only go to one place in New York, it's a tea place, the Tea Cup, and they don't take reservations but I can make a reservation there. I swear I don't see another upside. It sucks."

As that last quote displays,

Schumer's work is characterized by a lack of pretence.

"I like to get rid of artifice," she says. "I haven't gone to the bathroom in three days and I'm hungover and that's OK."

But these days she's more often than not very publicly on display.



"It's very hard for me to be in hair and makeup all the time and clothes I don't feel comfortable in. Because you do this work you feel proud of, I feel you're punished by having to dress up like a show poodle."

Trainwreck is set in New York but not because it is

the traditional home of the classic rom-coms, but because "I just don't know any other city," she says. "I am a creature of habit. I just like going to the Comedy Cellar and walking around the reservoir in Central Park."

She may be a creature of

habit in her personal life, but has shaken up the formula for her first movie, although she balks at the suggestion that she switched the gender roles in the film.



If a guy doesn't call me back, it is a blow to the ego, but I'm not like, 'But... why? I have a great job'

Amy Schumer on gender roles in *Trainwreck*

"It was a complete surprise to me," she says. "There wasn't a thought of, 'I'm playing the male role.' It makes sense to me. I know in most movies it's not this way, but in my real life and in the lives of the women I'm close to and in this age, I've found that, as somebody who is still out there dating, that the men often times are the more vulnerable of the two and just more sensitive. Mostly about it being over. If you go out with someone once and you're just not feeling it, if a guy doesn't call me back it is a blow to the ego, but I'm not like, 'But ... why? I have a great job.'"

"It's funny, I was watching *The Bachelorette*, I'm a fan. One of the guys was feeling rejected and he kind of turned on her. She didn't do anything to him but he was like, 'My ex-girlfriend was twice as hot as her.' I think the male ego is way more sensitive than the female ego. It was not a conscious decision to reverse the roles. That has really been my experience."

She says watching the final cut of the film and seeing the audience reaction at SXSW earlier this year "was the best night of my life so far."

"I'm already proud of the movie. The movie is already a success to me. My peers really like it and I got to give my friends work and they did great in it. Beyond that, I hope it changes the perspective of people who see it. I hope people are a little less likely to judge and women feel more empowered."

Listen to the podcast of Richard Crouse's interview with Amy Schumer at metronews.ca

Ballerina on Broadway

DIFFERENT STAGE

Misty Copeland to make debut in *On the Town* this summer

Ballerina Misty Copeland, who just became the first African-American woman to be a principal dancer at American Ballet Theatre, has another breakthrough planned — a debut on Broadway.

Producers of the high-energy revival of *On the Town* said Sunday that Copeland will join the show from Aug. 25 to Sept. 6, playing Miss Turnstiles, a love interest for one of three sailors enjoying a few hours of shore

leave in 1940s New York.

"I don't know if I know what I'm in for. It's going to be a huge challenge for me. It's quite a departure from what I'm used to. But I love a challenge and I think it's going to help me grow as an artist," Copeland said.

The role requires both acting and singing, in addition to plenty of dancing, including a 15-minute ballet at the end. The role is currently filled by Megan Fairchild, a principal dancer at the prestigious New York City Ballet.

"I can carry a tune. We'll see what happens," she said. "I'm excited. I'm a Virgo and we're a little bit anal and we're definitely hard workers, so I'm going to put my all into this."

Copeland saw the show a few months ago with her boyfriend, knowing the offer of replacing Fairchild was on the table. "It's probably the best show I've ever seen, I think," she said. "I was just blown away."

The ballerina will play six performances during the eight-show week, including the Tuesday, Thursday and Friday evening shows, as well as the matinees on Wednesday, Saturday and Sunday.

Copeland has been named by Time magazine one of the most influential figures of 2015, and written both a children's book, *Firebird*, and a bestselling memoir, *Life in Motion: An Unlikely Ballerina*.

She's also performed in a music video with Prince and was featured in a hugely popular online ad for Under Armour sportswear. The dancer also has appeared as a guest host on the Fox show *So You Think You Can Dance* and was a presenter at this year's Tony Awards. Copeland, 32, said she relishes bringing dance to an audience in any form she can.

"Whether it's Broadway or ballet, that's always been my goal: to just bring more people into it," she said. "Because I think it's so special and I think the arts can do so much for a person, not just a child. It's completely changed and altered my life in so many amazing ways."

The ballerina will play six performances during the eight-show week, including the Tuesday, Thursday and Friday evening shows, as well as the matinees on Wednesday, Saturday and Sunday.

THE ASSOCIATED PRESS

"That's always been my goal: to just bring more people into (dance)."



Misty Copeland performs in *Swan Lake* in Australia in 2014.

DARREN THOMAS/ABT VIA THE ASSOCIATED PRESS

Mamma Sita

Domestic Medium Hair

When five-year-old Mamma Sita came to us, she was not happy as she had been given up by her owner. She was thin and showing signs of stress suggesting she had not received the care a beloved house cat should. Now, this pretty girl with stunning amber eyes loves to be petted and has been in the shelter long enough for her true mild-mannered, relaxed personality to come to light. **She is ready to share it with the person or family who has room in their life to offer her the love and peace of mind she so deserves.**



For more information on **Mamma Sita** and other adoptable furry friends, visit www.pas.spcans.ca or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or info@pas.spcans.ca

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THE INDUSTRY

Why there's no new music today

SOUND CHECK

Alan Cross



There is no new music on sale at your local record store today. There's nothing new on iTunes, either. In fact, there's no new music available pretty much anywhere in the world right now. But don't panic.

Releasing new music has always been chaotic. Once upon a time, albums came out ... whenever. Depending on the supply links to your record store and your geographic location, you might find an album on the shelves any day of the week. But this made compiling weekly sales charts difficult, so decades ago the industry decided to co-ordinate things.

If you're of — ahem — a certain age, you may remember lining up at a record store late on a Monday evening for the opportunity to buy a big album when the store reopened its doors at 12:01 a.m. Tuesday. This is because Tuesday was the designated day for new music releases in North America.

But in Britain and France, that album had already been out for 24 hours as their appointed day for new music



Worldwide, music will henceforth be released at 12:01 a.m. local time on Fridays, which the industry hopes will boost sales. ISTOCK

was Monday. Japan made people wait until Wednesday. And music fans in Germany, Australia and a host of other countries either had to wait until Friday or they had already seen the record the previous week.

This wasn't a big deal when physical releases ruled. But now that music files can whip

around the planet in fractions of a second, a Monday release in the U.K. can have an impact on sales in other territories. This old regimented release schedule didn't make sense anymore.

That's why earlier this year, the 45 biggest music markets in the world — including Canada — agreed that as of Friday, July 10, new music will become available at 12:01 a.m. local time.

As this is the week when we make the transition, this is the first Tuesday in years with no new inventory for us to buy. While changing this new schedule isn't trivial (so many of the moving parts of the music industry and radio are geared to new music on Tuesdays), it's hoped that this will have a positive effect on sales.

The thinking is that releasing new material on Friday will encourage more customer traffic on the days when consumers spend the most, thereby boosting music sales. Some retailers disagree; they're afraid this will depress sales throughout the week.

The question is, in an era when everyone gets their music in so many different ways, will the public even notice?

LEARNING CURVE

Preparing for a new transition

Going from a high school classroom of 25 students to a post-secondary lecture hall of 500 can be intimidating. As can the transition from regular homework assignments to a few heavily weighted projects and exams. But there are things students can do before they set foot on a post-secondary school campus to make the transition easier.

“Being willing to experience new things, to ask for help and to push themselves outside of their comfort zone are all part of the mindset that will be helpful to students moving into this new academic environment,” says Teri Jones, co-ordinator, orientation and first-year experience at the University of Calgary.

Jones says doing research over the summer break is one way in which students can prepare for a transition that will see them having to adopt new study habits, meet new people and adapt to learning with higher expectations than at the high school level.

“See what summer programming is available through your institution,” Jones says. “A lot of schools will offer summer orientation online or in person that will give you a taste of what to expect.”

Summer orientation is a great precursor to the series of orientation events that take



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place on campus at the beginning of the school year. Not only does orientation assist with academic transition, it's also helpful for social and community aspects.

“Orientation is all about developing the campus community,” Jones says. “You can meet senior students who have taken the classes you will be attending, as well as

students in your program. It also gives us an opportunity to let new students know what is available to them.”

Academic or program advisers are among the most beneficial resources. Typically assigned to students, these faculty members will help guide students through their time at the institution by addressing concerns,

helping them figure out how to manage their workload, and offering general tips for academic success.

“There are people and events on campus dedicated to supporting students,” Jones says. “Look into workshops, check social media and be proactive about your transition.”

– Izabela Szydlo

WORK AHEAD WITH SUMMER COURSES

Most post-secondary school students have put away their backpacks and binders until September. Others, however, are navigating summer courses that present their own set of benefits and challenges.

“I think it gives some students the opportunity to work ahead and those involved in extracurricular activities during the regular academic year a chance to balance their workload,” says Pamela Lim, assistant dean and director of undergraduate programs at University of British Columbia’s Sauder School of Business.

However, before jumping into summer courses, it is essential to speak to your academic adviser to figure out what implications the decision may have for you come September.

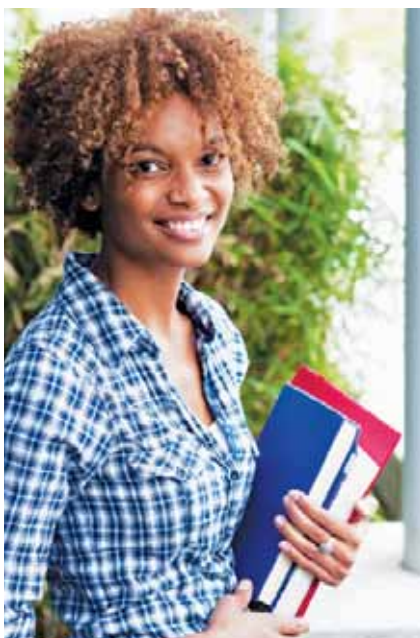
“If you’re taking six courses, for example, and you want to complete two of them during the summer, how does that play into your scholarship and grant eligibility?” Lim says of questions students should look into. “Also, consider that summer courses are condensed,

typically over a period of six weeks as opposed to 13 during the regular academic year.”

It is also important to factor in that sum-

mer offerings may be more limited and dependant on classroom availability.

– Izabela Szydlo



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Fashion may be the right fit for you

The da Vinci College fashion design and merchandising diploma program provides students with a complete skill set in the art of fashion design and the business of merchandising.

This 24-month intensive course guides students through the process of creating, completing and promoting a fashion line.

"The content rich curriculum and hands-on practical experience provides students with an in-depth knowledge in the business of fashion," says Janice Currie, director, da Vinci College. "Students will graduate with the required skills and business savvy to successfully launch a career in this demanding and competitive industry."

Fashion students learn and experience every step in the creation of clothing from globally sourcing fabrics and materials to planning for a fashion show and photo shoot where their designs will be modelled and take the stage on the runway.



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Sewing, reviewing seams and evaluating fabrics and clothing is the foundation of the program.

Graduates have gone onto many different careers in the fashion industry, both locally and internationally.

"With the business approach to our program there are many transferable skills students can take with them into other industries or become entrepreneurial, building their own business right here in Halifax," Currie says.

For more, visit davincicollege.org.

A CHANCE TO ENRICH YOUR LIFE AND OTHERS

If you are looking for a career that makes a real difference, where you can work directly with young people and affect positive change, then now is the time to explore training as a professional child and youth care worker.

Success College can help you find a career that will enrich your life and the lives of those you work with.

"Child and youth care workers strive to improve the physical, emotional, intellectual and social development of vulnerable children and adolescents," says Janice Currie, director, Success College.

"Graduates of the Success College child and youth care worker program are prepared to facilitate change in children and adolescents who are experiencing a range of emotional, social, behavioural, and learning challenges."

This program has been approved by the Department of Labour and Advanced Education and is recognized across Canada.

After a three-year evaluation process, Success College has been accredited by the Canadian Education and Training Accreditation Commission (CETAC).



SHUTTERSTOCK

ation Commission (CETAC).

"This accreditation is confirmation that Success College meets or exceeds the highest quality standards in Canadian post-secondary education," Currie says. "Presently, Success College is the only classroom-based campus college in the Maritimes to earn this designation."

This program has been designed so students are able to complete the two-year curriculum in just 60 weeks.

For more information about this program, visit successcollege.ca.


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"I was meant for a career in fashion."



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A VARIETY OF BUSINESS OPTIONS

Consistent with its mission of being a pioneer in the field of business, Maritime Business College is offering a new program called business marketing and administration.

"Working in business is rewarding because you gain valuable experience working in a variety of different disciplines," says Janice Currie, director, Maritime Business College. "Our business marketing and administration program is designed to give students a solid foundation in the skills necessary to work in,

manage or operate a successful business."

This program, which has a strong focus on administration, marketing and entrepreneurship, has been designed for anyone who is an excellent multi-tasker.

Graduates will be able to work in a wide variety of business settings and have the capacity to assume a multitude of roles.

"The core role of a business marketer is to identify challenges and opportunities, and then developing action plans that will

improve the company," Currie says.

This program also prepares people for setting up and managing their own business.

"As our economy diversifies, small business is growing in importance, and it offers many career options for young and old alike," Currie says. "This program helps you develop a business plan, and guides you in the pursuit of different funding strategies."

For more information, please visit maritimebusinesscollege.ca.

Combine your creative flair with technical aptitude

Graphic designers and web developers play an important role in the success of marketing.

Da Vinci College enables designers to build rewarding careers by integrating their creativity with the technical skills required to build a website through the graphic design and web development program.

"Our graduates often work alone or in a team environment to collaborate on dy-

namic, engaging websites," says Janice Currie, director, da Vinci College. "Students learn to combine their creative flair with technical smarts, cost management, and schedule management to deliver projects on time and on budget."

Upon completion of the program, students possess the skills they need to build their own freelance business or to work in a

variety of sectors within the design and web development industry.

"The demand for web designers and developers is expected to continue to grow well into the future," Currie says. "Traditionally an industry dominated by males, many more females are successfully pursuing this as a career."

Because this program teaches students skills in both graphic design and web development, graduates are able to pursue many career options. Many graduates also pursue broader careers in graphic design, not limiting themselves to web development.

For more, visit davincicollege.org.



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1577 Barrington St. **HALIFAX**

Weir and Co. go down to the wire in Canada Cup

GOLF

Hosts beat Team World by a single stroke at Ashburn



The Canadians claimed the RBC Canada Cup on home green Monday at Ashburn Golf Club in Windsor Junction, scraping by Team World by one stroke.

Team Canada — led by Mike Weir and backed up by Graham DeLaet and David Hearn — finished the 18th hole at 17-under par.

Team World — led by World Golf Hall of Fame member Tom Watson and backed up by Andres Gonzalez and Colt Knost — sat at -15 at the end of the day.

"Team Canada came in from behind. You guys are lucky," Watson said before the cup went to the red and white.

Watson was brought in to

WRAPPED UP

The RBC Canada Cup caps off five days of golf at Ashburn after the Web.com Tour's Nova Scotia Open finished Sunday.

replace Fred Couples, who had to pull out of the exhibition match because of back problems.

"I wanted to help Fred out a little bit — he and I are friends," Watson said about getting the call to lead Team World in the Canada Cup.

"It was easy. I had nothing better to do today."

Before the match, Weir said he was thrilled to play with Watson.

"It's always great to play with one of the legends of the game," he said.

Fans like Will Smith didn't mind having Watson there either.

Smith said he came out to see his "buddy" play; he doesn't know the golfer personally, but says he "grew up with him."

The difficulty that the greens-keeper had trying to bring this course up to par was extreme, but he's done an excellent job.

Ashburn Golf Club member Will Smith



The crowd at Ashburn Golf Club catches a glimpse of golf legend Tom Watson as he heads to the first tee Monday at the RBC Canada Cup in Windsor Junction. JEFF HARPER/METRO

Smith is a member of Ashburn, and he said he was happy to see "it's showing up quite well."

The golfers agreed. "I know you had a bit of a tough winter around here," Hearn said. "But everything looked and felt good. The

greens were rolling nice."

Ashburn Golf Club general manager Gordie Smith was happy to hear those kinds of testimonials from the players this weekend.

"I'm proud of my staff and the work they've done," he said at the end of the day

Monday.

"The snow and ice didn't even clear till the first week of May. We had a lot of dead turf and to bring it back in seven or eight weeks when the weather wasn't even good in that seven or eight weeks is great."

WIMBLEDON

Murray next for Pospisil

After 10 sets of tennis and a pair of marathon rallies from two sets down Vasek Pospisil is looking forward to a day off.

The Vancouverite was on the court for almost six hours Monday at Wimbledon. Hours after coming back from two sets down to beat Viktor Troicki in the fourth round of men's singles, Pospisil and doubles teammate Jack Sock fell to Australia's John Peers and Britain's Jamie Murray.

"It was a long day, for sure," Pospisil said.

"Pretty tired right now, but I have a day off tomorrow, so that's good."

He will need all the rest he can get, as his quarter-final opponent on Wednesday is No. 3 seed and 2013 Wimbledon champion Andy Murray.

The unseeded Canadian advanced to the quarter-finals after a 4-6, 6-7 (4), 6-4, 6-3, 6-3 win over Troicki, the No. 22 seed from Serbia.

"It was tough. I didn't have the start I wanted to have, and then ... I got unlucky a little bit in the (second set) tiebreaker there," Pospisil said. "I made a couple of good adjustments on my return games. And even being down two sets, it didn't faze me. I feel I'm pretty tough that way. Even if I'm down, I'm always finding ways to come back."

Murray has beaten Pospisil in hard-surface tournaments at Rotterdam and Indian Wells this season, but said he is expecting a tougher challenge from Pospisil on grass.

THE CANADIAN PRESS

SISTER ACT

Serena Williams extended her mastery over big sister Venus, and kept alive her bid for Grand Slam history.

In the 26th career meeting between the siblings, Serena dominated with her steady serve and big-hitting back court game to win 6-4, 6-3 on Centre Court, extending her Grand Slam winning streak to 25 matches. THE ASSOCIATED PRESS

WOMEN'S WORLD CUP

Tourney's presence felt online, on TV

The numbers show the Women's World Cup was embraced at home and around the globe.

TV records were set on both sides of the Canada-U.S. border.

Twitter says tweets about the soccer tournament were viewed nine billion times, with the U.S. dominating the conversation.

Sunday's final between the U.S. and Japan led the Twitter buzz with other U.S. games with tight knockout-round contests between Japan and

2.1M

TSN says Sunday's final, won 5-2 by the U.S., averaged 2.1 million viewers according to preliminary figures.

England and Germany and France also drawing significant traffic.

THE CANADIAN PRESS

IN BRIEF

Matthias signs with Leafs

The Toronto Maple Leafs signed centre Shawn Matthias to a one-year contract Monday.

The 27-year-old native of Mississauga, Ont., had 18 goals and nine assists in 78 games last season with the Vancouver Canucks.

Matthias was drafted by the Detroit Red Wings in the second round of the 2006 NHL Entry Draft.

He has 131 points (69-62) over 408 career regular-season games.

THE CANADIAN PRESS

NBA

Raptors lure home point guard Joseph

Canadian guard Cory Joseph has agreed to a contract with the Toronto Raptors.

The Pickering, Ont., native agreed to a four-year contract worth \$30 million US, according to multiple media reports.

Deals can't become official until Thursday, when the NBA's free-agency moratorium ends.

The 23-year-old, who was taken 29th overall in the 2011 NBA draft, spent his first four NBA seasons with the San Antonio Spurs, helping them win

#WeTheNorth here I come!!!!

A tweet by Cory Joseph, @Cory_Joe

the league title in 2014.

Joseph played in 79 games this past season with the Spurs, averaging 6.8 points, 2.4 rebounds and 2.4 assists.

THE CANADIAN PRESS

RECIPE Pasta with Roasted Tomatoes and Asiago Cheese



EAT LIGHT AT HOME

Rose Reisman

rosereisman.com

@rosereisman



The juiciness of the roasted tomatoes adds flavour without using excess oil. This recipe serves six.

Ready in

Prep time: 15 minutes

Cook time: 15 minutes

Ingredients

- 3/4 cup red cherry tomatoes, sliced in half
- 3/4 cup yellow cherry tomatoes, sliced in half
- 2 tsp olive oil
- 1 tsp minced garlic
- Salt and pepper
- 1/4 cup seasoned bread crumbs
- 8 oz whole wheat penne
- 3/4 cup grated Asiago or Parmesan cheese
- 1/4 cup dried basil

Directions

1. Preheat oven to 400 F. Spray a 9" baking dish with vegetable spray.
2. Add tomatoes, olive oil, garlic and salt and pepper. Sprinkle with bread crumbs. Bake for 15 minutes.
3. Meanwhile, cook pasta in boiling water until still firm to the bite. Drain, place in serving bowl, and add tomato mixture with cheese and basil.

Nutrition per serving

- Calories 250
- Carbohydrates 27g
- Fibre 5g
- Protein 13g
- Fat 9g
- Saturated Fat 3.5g
- Cholesterol 15mg
- Sodium 290mg

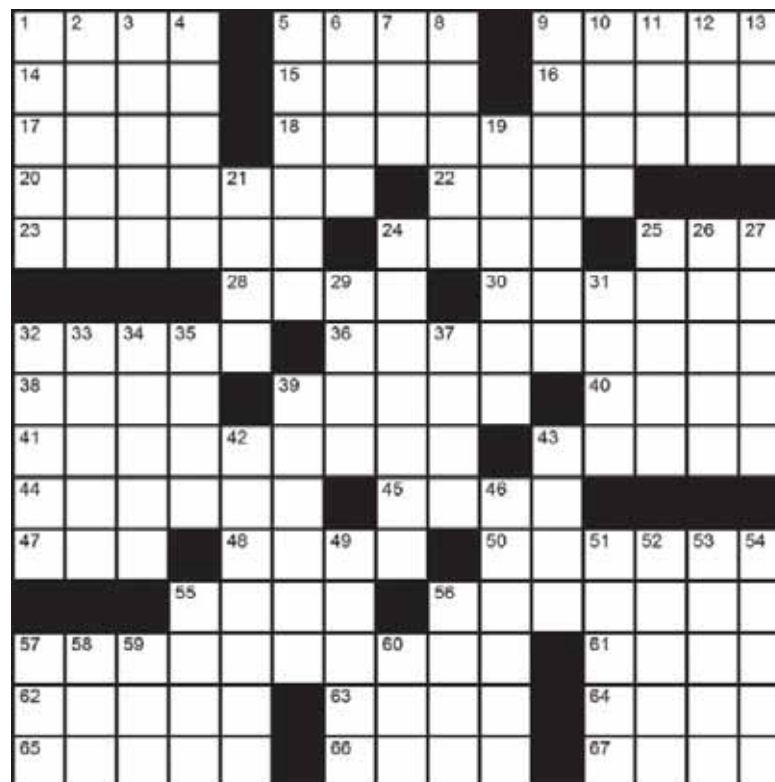
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. "Rio ..." (1970) starring John Wayne
5. Scooby- and Ski-9. Old Testament hymn
14. Thunderstruck
15. Carve in a name
16. Shakespearean tragedy, ... and Juliet
17. Look ... (Investigate)
18. School's formal meeting place
20. Investment goals
22. Cleave
23. Rehearsal: 2 wds.
24. First Nation of Manitoba
25. Palindromic honorific
28. Art for Jean Arp
30. Pilotless aircrafts
32. Receded, as tidewater
36. The famous 'waterspout' spider's size: 2 wds.
38. Carnivore's craving
39. Rocker David
40. Low-cal
41. Sailing: Twin-hulled boat
43. Valuable virtue
44. Father of Geometry of ancient Greece
45. Exited
47. Shakespearean suffix
48. Head's holder
50. Canuck coin
55. Wistful utterance
56. Young tree



57. Douglas Fir west of Pemberton, British Columbia, which at 1,000 years old, is amongst the oldest living trees in Canada: 2 wds.
61. The Kinks hit
62. Clunker
63. Scientist's solution holder

64. On the Serta, say
65. Castle bridges cross them
66. Uptight
67. Hobby shop items

DOWN

1. "Mission: Impossible"

- theme music composer Mr. Schifrin
2. '70s Spanish hit: "... Tu"
3. "Thank You" songstress
4. Pretzels brand
5. Village in the Lower North Shore region of Quebec

6. Gradually diminish
7. Block' suffix
8. Rapper, ... Kim
9. Yalie
10. Pres. Obama's former title
11. Inuit craft
12. Accustom
13. Kitchen gadget

18. ...-sized (Small)
22. "What ... to do?"
23. Gardening tool
24. ... leg (Pants part)
25. ...-announce (Movie trailer, in French)
26. Stair part
27. Univ. web address word, sometimes
28. Scholarly deg.
29. Luxe-living magazine, ... Report
30. "Not ... many words."
33. "Boy ... World" ('90s TV series)
34. Paddled
35. Restaurant chain, with Bell
36. All square
40. 'Lion' suffix
42. Opera singer
- Ms. Grist
43. Summer hrs. in Ottawa
44. Newfoundland: L'Anse aux Meadows historic people
45. U.S. tax bureau
48. Talent
49. Hankers
50. Had
51. Fidgety
52. "Yees!" opposite
55. Plant's beginning
56. Chooses
57. Dog training command
59. Assoc.
60. Buddy
61. Jeff Lynne's gr.
62. American airer since '71
63. French vineyard

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Loved ones may not have been supportive of late but don't worry about it — it does not mean they are turning against you. They have had so many worries of their own to contend with, that's all.

Taurus April 21 - May 21
Life may be fun at the moment but you still need to tighten your belt and not waste money on things you don't really need. You may be expecting to come into some cash but don't spend it before it's arrived.

Gemini May 22 - June 21
Try not to take anything too seriously today. With so many changes taking place in your world you need to make a conscious effort to stay calm and be flexible in your approach to life's little problems.

Cancer June 22 - July 23
Mars in your sign gives you loads of energy, so if there is anything that needs doing get on it. When dealing with difficult people remember that some respond best to reason and some respond best to pressure.

Leo July 24 - Aug. 23
Don't push yourself too hard today, even if you are behind in your workload. You will catch up with ease later in the month, so there is no need to worry.

Virgo Aug. 24 - Sept. 23
Your emotions are so powerful at the moment that every little thing seems like life and death, but a few days from now you will get a new and more positive perspective on life, so give yourself time and stop being such a diva.

Libra Sept. 24 - Oct. 23
This is a busy week for those born under the sign of the Scales, so pace yourself and be selective in your goals. If you throw yourself at every new challenge that comes your way your energy will soon disappear.

Scorpio Oct. 24 - Nov. 22
You will soon get the chance to move up in the world but first you need to convince yourself that you are worthy of success. Believe in yourself and the world will too.

Sagittarius Nov. 23 - Dec. 21
You need to get your feelings off your chest and let certain people know that you don't care in the slightest what they say or do or think about you. That might sound a bit extreme but it's the only approach they understand.

Capricorn Dec. 22 - Jan. 20
You may have to endure one or two setbacks today but don't let them unsettle you. Above all, don't lose your temper with people whose support you are going to need.

Aquarius Jan. 21 - Feb. 19
One-to-one relationships, both at home and at work, are going very well for you now and if you are smart you will make the most of it. In all situations you will know just what to say or do.

Pisces Feb. 20 - March 20
You may need to shut yourself away from all possible distractions for a few hours today, especially if you want to finish a task that has been dragging. With Mars in your favour you can and you must get it done.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



Difficulty Level ★

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CLEAROUT
ON ALL 2015s

UP TO
0% + \$6,000
 FINANCING IN DISCOUNTS ON SELECT MODELS®
OFFER ENDS JULY 31ST



Rio4 SX with Navigation shown†
 HWY / CITY 100KM*: 6.3L/8.8L

2015
RIO LX MT

WELL-EQUIPPED FROM
\$8,995*

INCLUDES
\$5,100* IN CASH DISCOUNTS

INCLUDES:



Forte SX AT shown†
 HWY / CITY 100KM*: 6.1L/8.8L

2015
FORTE LX MT

WELL-EQUIPPED FROM
\$11,425*

INCLUDES
\$4,570* IN CASH DISCOUNTS

INCLUDES:



Soul SX Luxury shown†
 HWY / CITY 100KM*: 7.8L/9.9L

2015
SOUL 1.6L LX MT

WELL-EQUIPPED FROM
\$13,245*

INCLUDES
\$3,750* IN CASH DISCOUNTS

INCLUDES:



"HIGHEST RANKED
 COMPACT MULTI-PURPOSE
 VEHICLE IN INITIAL QUALITY
 IN THE U.S."



Optima SX Turbo shown†
 HWY / CITY 100KM*: 5.7L/8.9L

2015
OPTIMA LX AT

2015 IIHS TOP SAFETY PICK

WELL-EQUIPPED FROM
\$19,995*

INCLUDES
\$4,800* IN CASH DISCOUNTS

INCLUDES:



Finance



5 WE'VE GOT
 YOU COVERED
 *5-year/100,000 km
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The Power to Surprise

Offer(s) available on select new 2015/2016 models through participating dealers to qualified retail customers who take delivery from July 1 to 31, 2015. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing and payments excludes delivery and destination fees up to \$1,715, \$100 A/C charge (where applicable), other taxes, licensing, registration, insurance, variable dealer administration fee (up to \$399), fuel-fill charges up to \$100, and down payment (if applicable and unless otherwise specified). All offers are subject to change without notice. Other lease and financing options also available. *0% financing and up to \$6,000 discounts are available on select 2015 models and are deducted from the negotiated purchase/lease price before taxes. Certain conditions apply. See your dealer for complete details. **Representative Financing Example:** Financing offer available on approved credit (OAC), on a new 2015 Rondo LX AT Winter SE (RN75SF) with a selling price of \$25,395 is based on monthly payments of \$404 for 48 months at 0% with a \$0 down payment, \$0 security deposit and first monthly payment due at finance inception. Offer also includes a \$6,000 financing discount. *Cash Purchase Price for the new 2015 Rio LX MT (R054IF)/2015 Forte LX MT (F054IF)/2015 Soul LX MT FWD (S055IF)/2015 Optima LX AT (O0742F)/2015 Rondo LX AT Winter SE (RN75SF) is \$8,995/\$11,425/\$13,245/\$19,995/\$19,995 and includes a cash discount of \$5,100/\$4,570/\$3,750/\$4,800/\$6,000. Dealer may sell for less. Other taxes, registration, insurance and licensing fees are excluded. Cash discounts vary by model and trim and are deducted from the negotiated selling price before taxes. *Model shown Manufacturer Suggested Retail Price for 2015 Forte SX (F0748F)/2015 Rio4 SX with Navigation (R0749F)/2015 Soul SX Luxury (S0758F)/2015 Optima SX Turbo AT (O0748F) is \$26,695/\$22,395/\$27,295/\$34,895. *Highway/city fuel consumption is based on the 2015 Rio LX-ECO AT/2015 Forte 1.8L MPI 4-cyl AT/2015 Soul 2.0L GDI 4-cyl AT/2015 Optima 2.4L GDI AT. These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. The Kia Soul received the lowest number of problems per 100 vehicles among compact multi-purpose vehicles in the proprietary J.D. Power 2015 U.S. Initial Quality StudySM. Study based on responses from 84,367 U.S. new-vehicle owners, measuring 244 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of U.S. owners surveyed from February to May 2015. Your experiences may vary. Visit jdpower.com. The Kia Sorento received the lowest number of problems per 100 vehicles among midsize SUVs in the proprietary J.D. Power 2015 U.S. Initial Quality StudySM. Study based on responses from 84,367 U.S. new-vehicle owners, measuring 244 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of U.S. owners surveyed from February to May 2015. Your experiences may vary. Visit jdpower.com. The Bluetooth® wordmark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.